



CWAC Cross Country All Conference Selections

2019

Boys

1 st Team	2 nd Team	Honorable Mention
Shea Mattson – Selah	Reese Braman – Ellensburg	Andrew Sandoval - Toppenish
Patrick Adkisson – Ellensburg	Connor Deveny – East Valley	
Haiden Drury – Toppenish	Kyle Parries – East Valley	
Cooper Quigley – Selah	Jesus Virrueta – Wapato	
Isak Larson - Ellensburg	Gabe Fjellstad – Ellensburg	
Baylen Bean - Ellensburg	Jack Whitefoot – Toppenish	
Cesar Loza - Wapato	Lukkes Hultberg - Prosser	

Runner of the year: Shea Mattson - Selah

Coach of the year: Jeff Hashimoto - Ellensburg

Team Sportsmanship: Toppenish High School

Girls

1 st Team	2 nd Team	Honorable Mention
Leah Holmgren – Ellensburg	Rylee Leishman – Ellensburg	
Crystal Colin - Wapato	Jane Kennedy – Quincy	
Kate Laurent - Ellensburg	Kaleigh Dalrymple – Selah	
Isabela Alvarado - Wapato	Madison Thompson – Ellensburg	
Bryn Heikes - Quincy	Nati VerMulum – Prosser	
Kaidyn Johnson - Ephrata	Charis Williams - Selah	
Nicole DeHerrera - Selah		

Runner of the year: Leah Holmgren - Ellensburg

Coach of the year: Jeff Hashimoto - Ellensburg

Team Sportsmanship: Selah High School