

2019 CWAC ALL LEAGUE TRACK SELECTIONS

BOYS - SPRINT		School
1 st Team	Carter Cox	Ephrata
	Ramiro Campos	Wapato
2 nd Team	Jon Watkins	Selah
	Wilber Perez	Toppenish
Hon Men	Case Reinmuth	Prosser
	Cameron Ditter	Selah
BOYS - DISTANCE		
1 st Team	Shea Mattson	Selah
	Patrick Adkisson	Ellensburg
	Zachery Garcia	Selah
2 nd Team	Lorenzo Alvarado	Wapato
	Reese Braman	Ellensburg
Hon Men	Cooper Quigley	Selah
	Bryce Delarosa	Grandview
BOYS - HURDLES		
1 st Team	Aiden Wise	Ellensburg
	Wilber Perez	Toppenish
2 nd Team	Levi Vermulm	Prosser
	Reilly Williams	Prosser
Hon Men	Bridger Lawson	Othello
	Jalen Spence	Quincy
BOYS - THROWING		
1 st Team	Gabe See	Ephrata
	Skylar Rayburn	Selah
	Ky Mangold	Ephrata
2 nd Team	Branden Wise	Ellensburg
	Isaiah Perez	Othello
Hon Men	Jose Flores	Othello
	Hunter James	Ephrata
BOYS – HORIZONTAL JUMPS		
1 st Team	Manuel Delgadillo	Wapato
	Will Thompson	Prosser
2 nd Team	Carter Cox	Ephrata
	Haden Hicks	Prosser
Hon Men	Carson Townsend	Ellensburg
	Laron Love	Selah
BOYS – VERTICAL JUMPS		
1 st Team	Haden Hicks	Prosser
	Oliver Davis	Prosser
2 nd Team	Trevor Moloso	Quincy
	Lakota Lange	Ephrata
Hon Men	Caleb Kuhn	Selah
	Andy Savage	Ellensburg
	Aidan Heikes	Quincy

GIRLS - SPRINT		School
1 st Team	Olivia Martin	Selah
	Mya Spencer	Ephrata
2 nd Team	Alicia Guerrero	Wapato
	E'lexis Hollis	Ellensburg
Hon Men	McCall DeChenne	Ephrata
	Emily Moon	Prosser
	Karissa Littke	Ellensburg
GIRLS - DISTANCE		
1 st Team	Leah Holmgren	Ellensburg
	Kaylea Hartman	Selah
2 nd Team	Kate Laurent	Ellensburg
	Jane Kennedy	Quincy
Hon Men	Crystal Colin	Wapato
	Natalie Andreas	EV
GIRLS - HURDLES		
1 st Team	McCall DeChenne	Ephrata
	Aubrie Meadors	EV
2 nd Team	Aleyna Quiroz	EV
	Natalia Vermulm	Prosser
Hon Men	Tess Dietrich	Selah
	Unique Orozco	Wapato
GIRLS - THROWING		
1 st Team	Micayla Wallahee	Toppenish
	Abby Rodriguez	Prosser
	Alicia Guerrero	Wapato
2 nd Team	Kambria Hartrick	Ellensburg
	Mollee Weddle	Grandview
Hon Men	Lola See	Ephrata
	Taylor Thomsen	Quincy
GIRLS – HORIZONTAL JUMPS		
1 st Team	Morghan Nass	Ellensburg
	Grace Oldham	Ellensburg
2 nd Team	Tess Dietrich	Selah
	McCall DeChenne	Ephrata
Hon Men	Aubrie Meadors	EV
	Kassandra Garza	Toppenish
GIRLS – VERTICAL JUMPS		
1 st Team	Grace Oldham	Ellensburg
	Natalia Vermulm	Prosser
2 nd Team	Kassandra Garza	Toppenish
	Taylin Chamberlin	Ephrata
Hon Men	Julia Ruark	Selah
	Jayla Sainsbury	Ephrata

Boys Coach of the Year: Dan Martin (Ephrata)
Boys CWAC Sportsmanship of the Year: Prosser & Quincy

Girls Coach of the Year: John Arlt (Ellensburg)
Girls CWAC Sportsmanship of the Year: Toppenish